



THE AGAWAM News INC.

'The Heart Beat of the Town'
For the Sixteenth Year

OVER 10,000 READERS

Agawam's First Newspaper Serving All The People

Vol. 16 No. 38 Agawam, Mass. - Thursday, September 12, 1968 5¢ per copy - \$1.00 per year

Baptist Church Trading Post

Due to Church building and remodeling, the Trading Post at First Baptist Church has had to delay its opening this year.

On Wednesday, September 25th, however, it will open for its twelfth year of service to the community. It has proved a happy arrangement to both Church and those friends who have found it pleasant and profitable to dispose of discarded or outgrown garments or small household articles at a small profit, and to purchase replacements in good-as-new condition at little cost. Interested friends from this and surrounding communities are invited to participate.

On next Wednesday, September 18th, the Post will be open from 9 to 4 and from 7 to 9, to receive articles of merchandise only.



Heart Films Available

Now that Summer is over the kids are back in school, social and fraternal activities-suspended during the vacation months-will resume normal schedules.

Soon the "Ladies of Shady Lane" will meet bi-monthly to continue their charitable works. The "Loyal Order of American Flight-watchers" will begin its LOAFing program for the coming year.

Throughout Massachusetts and the nation people will be coming together regularly again to pursue a variety of causes and endeavors.

Your local chapter of the Massachusetts Heart Association suggests you endeavor to let it assist in your program arranging for one meeting.

It will gladly set up a session guaranteed to be informative, entertaining and enlightening-all at once.

Your group might be interested in one of the many professionally-prepared films available through the Heart Association. Most are 16 mm. sound, and many are in color.

Some of our most popular films include:

--Human Body: Circulatory System (17 min., black and white, sound) Tells the fascinating story of how the body circulates its blood.

--Heart Disease-Its Major Causes (11 min., black and white, sound) Shows the three major disorders responsible for most heart diseases-high blood pressure, hardening of the arteries, rheumatic fever. It illustrates the action of a normal heart and points out progress that's been made in the continuing fight against heart disease.

--Better Odds for a Longer Life (19 min., 30 sec., color, sound) Amusing cartoon animations by the creators of Huckleberry Hound and the Flintstones. Traces the history of cardiovascular medicine from ancient Egypt to present; illustrates heart and circulatory system and diseases; finally shows ways to reduce risk of heart attack.

--Candidate for Stroke (17 min. 30 sec., black and white, sound) A man who suffered a stroke tells of his experience. Film shows hospitalization, tests, steps he must take toward recovery, then emphasizes precautions anyone can take to reduce risk of stroke or heart attack.

--Twentieth Century Epidemic (24 min., color, sound) A hard-hitting report on the total cardiovascular problem, covering its medical, social

"continued on P. 3"

Bug-in in New York

by Florence Moreno

There is a very active organization in New York, known as Citizens for Clean Air (CCA). Last year, they petitioned the N.Y. parks dep't. to let them prove that insecticide spraying with poisons was unnecessary, and a 70 acre park site was agreed upon for the experiment. This was the area between 72nd and 92nd streets, from the Hudson River to Riverside Drive. Examinations were then made for the type of greenery, and the prevailing trouble, that is, what kinds of diseases and pests were common there. The trouble proved to be the same that we have here, namely, aphids, mites, and moths.

The first attack was made in the early spring with a dormant oil spray to suffocate some of the pest egg clusters, preventing them from hatching. Later, shipments of ladybugs, praying mantis, and trichogramma wasps were released to do their thing. One adult ladybug eats about 40 to 50 aphids, mites, and scale insects a day. About 13,000 ladybugs fill a pint jar, which is enough to protect a small garden. If you're buying, they cost about \$6 or \$7 a gallon. But why buy? The town of Agawam sprays Malathion for mosquito control and kills the ladybugs. If you live in an area that the spray didn't cover, you might have noticed the tiny yellow and orange egg clusters on the undersides of leaves, which hatch out to your own supply of ladybugs.

The praying mantis eats aphids, caterpillars, spiders (or sometimes vice versa) cut worms, and any other soft bodied destructive insects. Egg clusters of the mantid sell for 50c each, and each contains anywhere from 50 to 400 eggs. But the hatched young will be felled by the malation, so why buy?

Trichogramma wasps are minute in size, but spell doom to the coddling moth as well as other pests, and are invaluable in the fruit orchard and ornamental shrubbery.

Meanwhile, back in New York, the experiment was drawing much public attention. The big TV networks were doing interviews. Roman Vishniac (remember the TV special, "The World of Roman Vishniac") world famous biologist, was an invited guest, who reacted with great enthusiasm. The N.Y. Daily News had a detailed story, headlined - "One Million Ladybugs Join War on Sprays". And, the N.Y. Parks Department plans to expand this program to other parts of the city.

WHAT ABOUT AGAWAM?

Catholic Women's Silver Tea

The Catholic Women's Club of Agawam will inaugurate their current season with a 30th Anniversary Silver Tea in St. John's Parish Hall on Monday, September 16th at 8:30 P.M.

The Executive Board is in charge of the evening's program which will include a narration of the club's history by Mrs. Joseph R. Hamel and Mrs. William A. Martel.

The program will be preceded by a business meeting conducted by club president Mrs. Alexander G. Toczko, who will also welcome the past presidents and charter members who are guests of honor.

Hospitality chairman, Mrs. Joseph Lovotti, has named Mrs. John Glogowski as chairman of hostesses. Assisting her will be Mrs. John Anderson, Mrs. John Ayers, Mrs. Theodore Beck, Mrs. Charles Beshaw, Mrs. Ernest Bloock, Mrs. William Brown, Mrs. Gerald Burke, Mrs. Rene Cadorette, Mrs. Charles Calabrese, Mrs. Donald Campbell, Mrs. Joseph Caramazza, Mrs. Rose Carpenali, Mrs. Thomas Cascio and Mrs. James Moran.

Anyone wishing to join the club is requested to contact membership chairman, Mrs. William Martel, 781-2298.

Agawam High College Board Tests

TO: Junior and Senior college students planning to take the "College Board" tests this year.

1. Seniors will take the Scholastic Aptitude Test on Saturday, November 2, 1968 unless otherwise stipulated by the college of their choice. Penalty date for filing application is October 5, 1968.

2. Applications for the above will be distributed on Monday, September 16, 1968.

3. Seniors who do not take the Scholastic Aptitude Test on Saturday, November 2nd and those who desire to take them over again may do so on Saturday, December 7, 1968. Seniors planning to take the Scholastic Achievement tests should take them on this date. Penalty date for registration is November 2, 1968.

4. Applications for the December 7, 1968 college boards will be distributed on Monday, October 21, 1968.

5. Juniors will take the Scholastic Aptitude Tests on Saturday, March 1,

1969. Applications for these tests will be distributed on Monday, January 20, 1969.

6. Juniors will take the Scholastic Achievement Tests on Saturday, May 3, 1969 - if the colleges of their choice request them to do so. Check catalogues and visit the guidance director if in doubt. Applications for these tests will be distributed on Monday, March 24, 1969.

7. Juniors and seniors must communicate with the colleges of their choice to determine whether or not these dates are acceptable.

8. The Guidance Director welcomes the opportunity to discuss "College Board" tests with any senior or junior college student. Parents are always welcome. The high school assumes no responsibility as to which college board tests the students are required to take by the colleges or universities the students wish to attend.

Adults Education Registration

Registration for all classes in the adult education program in Agawam will be held Wednesday and Thursday evenings, September 25 and 26 from 7 to 9 at the Agawam High School on Cooper Street in Agawam.

In the practical arts, courses will be offered in knitting, cake decorating, rug braiding, rug hooking, sewing and tailoring, woodworking and cabinet making, reupholstery, furniture refinishing, wood sculpturing and oil painting.

Courses to be offered for work toward completing diploma requirements are English 1-4, Algebra I and II, plane geometry, U.S. history,

psychology, Problems of Democracy and International Affairs, general science, general math and biology.

Those people who are registering for the first time in Agawam to complete requirements for a high school diploma must bring transcripts of all previous high school work.

Those interested in commercial subjects may register for book-keeping 1 or 2, typing, office machines, and stenography.

No foreign language courses are to be offered at this time.

A non-returnable registration fee is required at the time of registration and classes will resume the week beginning September 30.



WEST SPRINGFIELD, Mass. - Today is the big day for all of New England when the Eastern States Exposition opens its 47th edition at noon. Don't let the date fool you, because this particular Friday the 13th has the potential to be your lucky day. In fact, every day is potentially lucky at the Exposition, Sept. 13-22.

Designated as "Welcome, neighbor" day, the opening Friday will see the Exposition gates opened free of charge to all persons who qualify for the following specials: 1. the bearer of a rabbits foot or a horseshoe, 2. fair-goers celebrating their birthday on the 13th of any month, 3. families with 13 or more immediate members attending the Big E, and 4. all children and teenagers who can enter the Exposition before 5 P.M.

Fabulous Friday will continue with its amazing free scene throughout the day. Two free shows, the first slated for 4:30 P.M., will be held in the coliseum. Gene Holter's Jungleland Animals "in action", the New England 4-H Chorus and Rex Trailer, TV star of "Boomtown", are to be the scheduled afternoon performers. At 7 P.M. the all free Rock-In sponsored by TV's Hullabaloo scene will list such bands as "The Brooklyn Bridge" featuring Johnny Maestro, "Monty and the Specialties", "The Blue Buyous" and "The Harveyettes".

Free race track events for the Big E's "lucky" opening day will be auto race "warmups" (1-1:30 P.M.) and time trials (5-30-7 P.M.), as well as, Dan Fleenor's Hurricane Hell Drivers at 4 P.M.

Special events for Saturday, Sept. 14, include the presence of the six New England governors on the Big E fairgrounds for Governors' Day ceremonies. That night at 7:30 the Royal Canadian Mounted Police Band and songstress Helen O'Connell will entertain the state executives at the annual Command Performance, plus the 4-H and FFA ceremonies and pageant. Also set to perform will be the Eighth Air Force Band, The SAC Drill Team and an acrobatic act titled "Aerial Fantasy".

Finances of the Commonwealth

Massachusetts' cash balance at the end of August was slightly more than \$42 million, State Treasurer Robert Q. Crane announced today in his monthly report on the financial condition of the Commonwealth.

Treasurer Crane reported that the August cash balance of \$42,078,396.99 was some \$7 million less than the July cash balance of \$49,268,348.28 because disbursements exceeded receipts by that amount.

Total receipts for August, Treasurer Crane stated, were \$259,212,100.19 while total state disbursements for the same month were \$266,402,051.48.

The Commonwealth's total bonded indebtedness continued over the one billion dollar mark in August, Treasurer Crane added. He reported bonded indebtedness of \$1,042,119,000 as compared to \$979,540,000 at the same time last year.



The Six S's

The need for more knowledge about aging has become increasingly urgent in recent years. Largely because of advances in medical science, the percentage of the American population reaching the age of 65 has risen steadily, and many today live a great deal longer.

What are these senior citizens like physically and mentally? What can be done to keep them healthy and active?

Working at the Gerontology Research Center in Baltimore, Md., scientists of the National Institute of Child Health and Human Development are seeking answers to these questions and many others pertaining to aging.

One of the special "research tools" used by the NICHD gerontologists (experts on aging) to unveil the hidden mysteries of growing old is an exceptional group of 600 active men of all ages who are the subjects of a long-range study of aging scheduled to continue for the next several decades. This unique band of volunteers is named the "Select Society of Seeking Scientists, Saints, and Sinners."

The "Six S's" picked up their unusual name in 1957 from the first volunteer. He had this explanation: "Select, because each member is selected by another participant; Seeking, because all want to know more about aging; Scientists, to include the investigators; Saints and Sinners, because this will include everyone."

Each participant puts aside his daily business every 18 months to visit the Center for an exhaustive 3-day schedule of tests. All plan to repeat these periodic tests for the rest of their lives to provide the investigators with needed long-term aging data.

The regimen amounts to a thorough scrutiny of the condition and capacities of each man as he grows older and older. Included are evaluations of the separate organ systems, such as the heart, lungs, and nerves, plus measurements of the total capacity these combined systems give the volunteer to perform work. A recent finding at the Center was that performance of some organ systems on coordinated tasks declines more with age than performance of the systems' components. For example, muscle strength of the arms and shoulders declines less than the ability to use the muscles in coordinated movement.

"continued on P. 3"

LOCAL ITEMS CAN NOT BE
ACCEPTED AFTER MON.

AM

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THE AGAWAM NEWS, INC.

Published Every Thursday

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Elizabeth LeDuc, Owner

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FOR ADVERTISING CALL - 732-1495

CHOOSE 'RIGHT' PICTURE FRAME TO ENHANCE ROOM SETTING

Choosing the "right" frame for a favorite picture can transform "just another print" into the perfect decorating accent for that wall space over mantel, sofa, or buffet.

There's no mystery about selecting the proper frame to enhance both picture and room decor. According to the Picture and Frame Institute, the "right" frame links the picture to the surrounding room setting, and any number of frame styles may be suitable for one picture. A traditional frame can be as effective for a contemporary picture as it is for a reproduction of an old master. On the other hand, a simple, modern frame may be perfect for either realistic or non-objective pictures.

The Institute suggests that these general rules be kept in mind when

selecting a frame:

- The frame should focus attention on the picture and draw the eye to its center of interest.
- It should harmonize in color and weight with the subject matter.
- The frame should strengthen the composition it frames without dominating it.
- It should surround the picture without halting the movement of color and line in the picture.
- If necessary, the frame should create an illusion of depth, size, or added perspective for the picture.

In the end result, the "right" frame will be the one that reflects personal choice as it complements both picture and room setting.

The Small Heart Attack

It's been said a person who suffers a heart attack is "never the same again". As true as the statement is, it doesn't necessarily bear a black and gloomy connotation.

Doctors note that occasionally a person suffers a small heart attack which, after treatment, turns out to be something that's happened for the good.

For example, the small heart attack sometimes delivers with unquestionable clarity and authority the message doctors and health association warnings just couldn't convey—check your risk factors!

A small cardiac attack often points the way to improvements in nutritional management, a more sensible pattern of living and elimination of factors which tend to favor the development of further heart problems.

Few are the heart patients who continue to smoke cigarettes after the onset of cardiac trouble. "Fatties" make every effort to slim down, turn down high-fat foods, after the initial warning.

Many heart patients are jogged by the experience into finally giving their physical equipment proper exercises, something they probably never would have done it not been for the warning.

Doctors point out, too, that occasionally a person will have a heart attack which knocks out an area that had been giving him pain before, actually making him better

after the attack than before, in terms of what he can do physically.

A heart attack also can be useful in teaching a person to appreciate the cause of his symptoms.

Some people have angina (heart muscle pain, short blood supply) and don't realize it, putting them in great jeopardy because they don't realize the trouble is of coronary origin.

Such a person, suffering distress in the chest, thinks it's indigestion — and treats it that way. He goes on shoveling snow, in spite of the chest pain. When the heart attack occurs, he learns how he can — and must — regulate his life to live with it.

Experience may be the best teacher, but when it comes to your heart the experience shouldn't have to be personal to be instructional.

Your local chapter of the Massachusetts Heart Association suggests you find out if you are a candidate for a heart attack. Are there some heart risks you particularly should avoid?

The best way to get these and related questions answered is to see your personal physician for a periodic check-up.

If you have a condition requiring treatment, regular check-ups will enable him to discover it early.

If your health is normal, he can help you keep it that way.

Most people — with the advice of a doctor — can successfully regulate habits and physical conditions that may be endangering their hearts.

SCHOOL MENUS

SEPT. 16 - 20

MILK SERVED WITH ALL MEALS

PHELPS SCHOOL

MON.: ju., chick. veg. soup, pean. but. & jelly sand., cookie, cantl. wedge. TUES.: Slop. Joe on bun, tos. gm. salad, pean. but. cookie, apple. WED.: ju., baked mac. w/mt. sauce, car. sticks, B&B, applesauce. THURS.: ju., gril. hmbg. on bun, onion slices & rel., but. gm. beans, fr. peach. FRI.: ju., bak. beans w/frankf. rings, cab. salad, bean. but. sand., ice cream.

GRANGER SCHOOL

MON.: Chick. nod. soup w/veg., slic. mt. sand., pean. but. cookies, org. wedges. TUES.: bak. mt. pie w/mash. pot., but. car., fr. B&B, pineapple chunks. WED.: spag. w/mt. sauce, cab. & car. salad, B&B, slic. peaches. THURS.: ju., frankf. on bun, pot. chips, Rel. & must., corn, apple crisp. FRI.: ju., gril. cheese sand., pean. but. sand., but. gm. beans, cookies, applesauce.

PIERCE SCHOOL

MON.: org. ju., bf. veg. stew, car. sticks, cheese wedge, but. corn brd., choc. cookies. TUES.: hmbg. on roll, but. beans, cheese cube, pean. but. sand., org. pineapple tidbits. WED.: Rst. bf. w/bm. gvy, whip. pot., mix. veg., B&B, fruit. org. jello w/top., THURS.: Spag. w/tom. & mt. sauce, but. car., cheese or pean. but. sand., van. pud. w/choco. sauce, FRI.: tuna sail boats, cole slaw w/grat. car., pean. but. sand., mix. fruit.

DANAHY SCHOOL

MON.: mac. w/mt. sauce, beans, cheese wedge, B&B, peaches. TUES.: ju., toast. ham & cheese, pot. chips, tos. salad, cake. WED.: hmbg. & gvy., mash. pot., broc., B&B, jello w/top., THURS.: ju., frankf. on roll, but. corn, cake FRI.: fish sticks, mash. pot., car. fruit.

SOUTH ELEMENTARY SCHOOL
MON.: org. ju., slop. joe on roll, cheese sticks, but. gm. beans, cit. fruit cup, TUES.: hmbg. gvy on mash. pot., but. car., pean. but. on rye, org. jello w/top. WED.: org. ju., hot open chick. sand. w/gvy., tos. let & tom. salad, cheese sticks, dp. dish apple square. THURS.: bak. shell mac. w/mt. & spag. sauce, but. brd., ABC Salad, Apple cake, FRI.: org. ju., crm. of tom. soup - crack., cel. sticks, gril. cheese on rye, apple.

ROBINSON PARK SCHOOL
MON.: Spag. w/mt. & tom. sauce, cab. & car. salad, pean. but. sand., fruit, TUES.: org. ju., frank. on roll, must. & rel., but. car., cheese sticks, pineapple cake square w/top. WED.: hmbg. gvy on Mash. pot., but. spin. B&B, fruit cup. THURS.: tom. soup w/rice, raw veg., chop. ham sand., fresh fruit, pean. but. cookie. FRI.: ju., tuna fish salad sand., pean. but. sand., pot. chips, tos. salad, dessert.

JUNIOR HIGH SCHOOL
MON.: ju., mt. ball gind., tos. salad, fruit cup, pean. but. cookies. TUES.: ju., Chop. ham in roll, cab. & car. salad, pineapple upside dn. cake, WED.: hmbg. & gvy, mash. pot. but. broc., jello w/top., B&B, THURS.: ju., hmbg. on bun, gm. beans, Pean. but. sand. choco. pud. w/top. FRI.: ju., gril. cheese sand., car. sticks, baked beans, ice cream.

SENIOR HIGH SCHOOL
MON.: org. ju., tost. hm. & cheese roll, gard. salad w/spin. gms., PB Sand., peach shortck. w/top. TUES.: Elbow mac. w/mt. sauce, but. gm. beans, B&B, PB Sand., fruit, WED.: org. ju., hmbg. special, pot. chips, PB Sand., prune spice ck. w/top., THURS.: org. ju., com. cold cuts, oven frd. pot., tom. wed., B&B PB sand., dp. dish apple pie, FRI.: org. ju., pizza w/tom. & cheese sauce, raw veg. tray, PB Sand. pineapple upside dn. cake w/top.

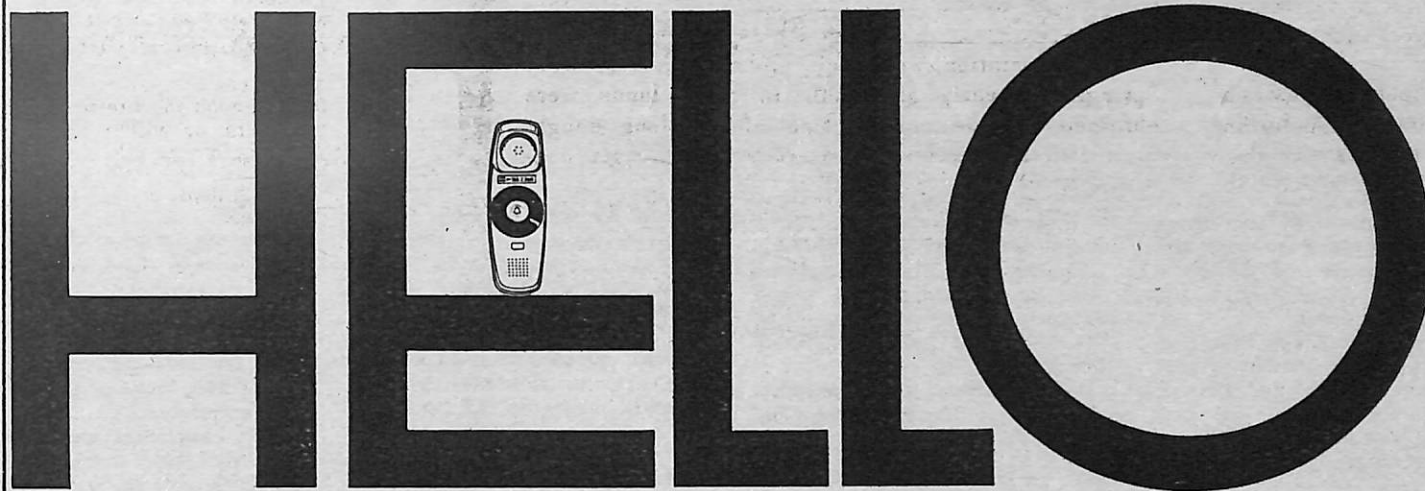
GIVE ME LAND LOTSA LAND



Cole Porter—writer of such hit musicals as *Kiss Me Kate* and such hit songs as "Night and Day," "Begin the Beguine," and "Don't Fence Me In"—served in the French Foreign Legion in World War I.

Rubbish Collection Schedules

Fri., - Sept. 13 Rte. 5
Mon., - " 16 Rte. 6
Tues., - " 17 Rte. 7
Wed., - " 18 Rte. 8
Thurs., - " 19 Rte. 9
Fri., - " 20 Rte. 10



We're all back...
and busy as you-know-what.

We appreciate everybody's help and understanding during the recent telephone strike.

Certainly the most understanding have been those people waiting for new phones or changes in service. Some installations just couldn't be handled promptly. Now, our back work has piled up. But we know how important your service request is to you and we'll get it done just as fast as we can.

For most New Englanders, long distance calls went through with few delays and local calling was normal. We're proud of this. But for those waiting for new installations or moves, we're sorry to say that delays will continue for some time.

We do want you to know that we're back... we're working hard...
and we're doing our best to catch up.



New England Telephone
Part of the Nationwide Bell System

HEART FILMS AVAILABLE

(cont. from page 1)

and economic impact on the American family.

-Barney Butt (35 mm., 12 min. 30 sec., color, sound) Animated cartoon with music tells story of ill-fated young man addicted to smoking, short-winded attempts at sports and failure at work. Has strong anti-smoking message.

To arrange for film use, call or write your local Heart Association Chapter. Try to give two or three weeks advance notice for booking. If possible, provide an alternate as well

as a preferred date for showing.

Additional educational material—pamphlets or a display—is available for use with most films if desired.

And, in most cases, your local chapter will help arrange for a suitable speaker, either to complement a film or give an address independent of visual material.

Perhaps your members would be interested in a group "improve your health" project. Heart Association educational materials could be used as aids in setting up a weight-reducing program or to initiate a stop-smoking campaign.



"Say, you take the same size I do!"

RESEARCH FOR HEALTH

(cont. from page 1)

In one test, the volunteer breathes fast and hard into a "spirometer" to record how much air he can inhale and exhale within a time limit. Tests have shown that the pulmonary system shows the same kind of performance decline as the muscular system does.

Other testing probes include a special chamber for checking the fat content of the body, and X-rays for determining fat thickness and bone density.

Several psychological studies test such things as memory and learning ability as the volunteer grows older. Through one study, psychologists at the Center have developed ways to reduce the problems elderly people usually encounter in learning. One factor they found helpful was having the old person read aloud while learning.

From these and the many additional tests performed every 18 months on each Six S member, the NICHG gerontology staff is gaining greater knowledge of changes resulting from aging.

With the expansion of the Center into a new \$7.5-million structure last June, NICHG gerontologists now are making an even more vigorous attack on the problems that plague our growing number of elderly people.

FACT HUNTERS WANTED: TOP PAY

By Robert Allen

Do you have an analytical mind? A Wall Street career may be your cup of tea.

A few years ago many college students ignored finance and chose the then glamour industries — advertising, television, public relations, electronics.

Not any more. Today, young people know that Wall Street offers a variety of jobs starting at salaries up to \$10,000—even higher for some skills.

Research is one job category. As the ranks of investors grow — there are 24,000,000 shareholders in the United States today, four times the 1952 figure—the big investment and brokerage houses expand their research facilities to give maximum service to their customers.

Investment researchers, called security analysts, dig for facts about a company. There are 1,500 firms listed on the New York Stock Exchange, 1,200 on the American Stock Exchange and thousands of smaller companies whose shares are traded in over-the-counter markets.

Security analysts look far deeper than just sales and earnings. A corporation's health may depend upon patents, new products, labor contracts, competitive imports, production and distribution facilities, costs of materials, and various factors in the industry involved. Analysts examine trends and data in these areas and then investigate a company's financial position, including its debts, in the form of bonds and loans; its assets in plant, equipment and raw materials, and its shareholders' equity or "net worth," represented by retained earnings and by preferred and common stock outstanding.

Even when these facts are gathered and studied, the research analyst has just begun his job. He must now evaluate his findings and come to a conclusion. Does company "A" appear to have good short-term earnings prospects, or will it be several years before profits can be expected to rise significantly?

What about company "B" in the same field? Does it have stronger management than company "A"? Is a new company "C" getting ready to compete with "A" and "B"? Is "A" thinking of merging with "B"?

Finally, the analyst must decide which company's stock, if any, merits purchase, or which should be sold. Most analysts today tend to specialize in certain industries—mining, oil, aviation, electronics, food, housing, automobiles, or other key areas.

How high do they go? "There is almost no limit to the opportunities or to the ultimate earnings levels for exceptional analysts," says Hans G. Jepson, vice president in charge of research at Dominick & Dominick, Incorporated, a nation-wide investment banking firm.

"Many top Wall Streeters have come up through research departments," Mr. Jepson added. "The quality of investment research is the essential ingredient in our business."



Elect Attorney Gerard L. PELLEGRINI

DEMOCRAT

hampden county COMMISSIONER

Law Degree Western New England
Practicing Attorney 11 Years
East Longmeadow Selectman 9 Years

John O'Toole 560 Springfield St. Feeds, Hills

political advertisement

political advertisement

RE-ELECT WALTER KERR

WALTER T. KERR, 50 years of age and a life long resident of Agawam, a World War II veteran, has been in public service since he was elected Selectman in 1949 - a position he held for 12 years.

Walt, although quiet by nature, has been effective and productive during his public career and is known for his tenacity and hard work once he is given a job to do by the electorate.

When Walt was first elected Selectman Agawam was a town going through its greatest population increase in its history, a town of many dirt roads, insufficient street lighting, sewers, water mains and inadequate fire and police department. It needed a new High School and additional elementary schools.

As a Town Meeting member for 15 years and as a Selectman he initiated and supported moves that aided Agawam in its transition from a country town to an active suburban community.

During his terms on the Board of Selectmen, of which he was chairman for many years, there was initiated a comprehensive street lighting program, a Department of Public Works and the District of Veteran Services. The present permanent fire department was established resulting in lower fire insurance rates to the town's property owners. The interceptor sewer program was put into being making Agawam the first community to remove its pollution from the rivers.

As a Selectman and Town Meeting member he supported the construction of the present High School, the Robinson and Granger elementary schools.

In addition he served on the South Street School building committee and voted for the new lunchroom facilities for the Katherine Danahy school.

During his first term as your representative Walter Kerr used his extensive knowledge of town government to the advantage of the towns in this district.

In cooperation with Rep. John Coffey of West Springfield nearly \$500,000. in State funds were obtained for the construction of the long sought after Mitteneague bridge, which will be under construction in 1969.

He supported and voted for the Keaton-O'Connell bill which would reduce automobile insurance costs and voted in favor of a study of Medicare abuses. He voted against the State takeover of Public Welfare because of its great disadvantage to the towns he represented.

He filed a bill that would have the State build a swimming pool in Agawam. The bill is now before a study committee and has been given high priority pending appropriation of funds.

Representative Kerr is serving on the legislative committees of Natural Resources, the committee on Election Laws and the committee on Agriculture which is now studying "milk pricing". The Speaker of the House recently appointed him to the Connecticut River Dredging Commission.

Walter T. Kerr has done a good job in public office and deserves to be re-elected.

Dr. Paul Query,
Wyman Street
Agawam



QUALIFIED BY PUBLIC SERVICE



political advertisement

political advertisement



Atty. William F. Stapleton

RE-ELECT COUNTY COMMISSIONER WILLIAM F. STAPLETON

Experienced in Law and Government

Member of American Legion - Veterans of Foreign Wars

DEMOCRAT ★ VETERAN ★ LAWYER

Voted for in all of Hampden County

Francis M. O'Keefe, 88 Lowell Street, West Springfield

It is better to whistle past the graveyard than to shut one's eyes and scream.

Stanley's Music Mart

Our Musical Instruments Must be Good

FORMER MUSIC INSTRUCTOR
SPRINGFIELD HIGH SCHOOLS

Stan Wougick, Prop.

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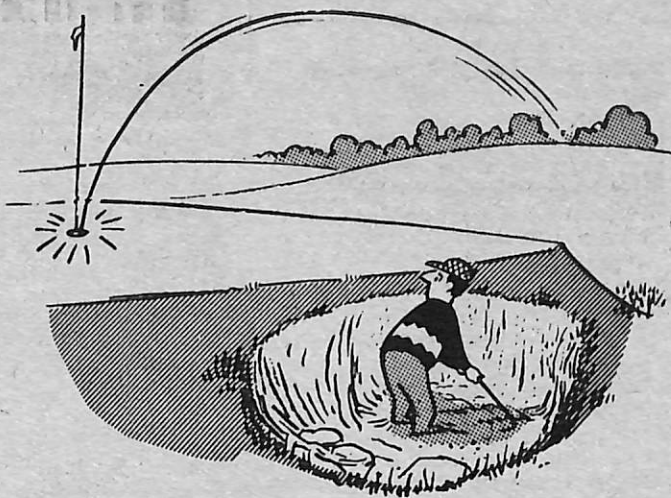
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Charest's Bid for Re-Election

I seek re-election for a third term to the Board of Selectmen for many reasons. Great progress has been made over the past few years with regard to our over all sewer problems, such as the interceptor sewer project; the serious water distribution programs; the many miles of sanitary and drainage installations; our road construction; street lighting; and recreational programs. These are but a few projects that the Board of Selectmen has initiated through the Department of Public Works and other departments. However, with all these projects accomplished, I submit that there is much more to be done. One way to get things done is through experienced know-how.

I have been instrumental in obtaining a Federal aid for the above mentioned projects and at this time requests are on file for more Federal aid. The records indicate that in the past six years during my administration, there has been more Federal financial aid granted to the town of Agawam than in all its history.

This is why I believe that it is very important to retain a person on the Board of Selectmen who knows and has proven how to get things done.

I shall continue these efforts and evaluate the many unfinished projects still pending and will take the necessary steps to fulfill my ambitions.

I also report that during my administration, I received excellent cooperation from the departmental heads and from employees of all the departments of Agawam including the Police and Fire departments. I feel that an important asset for a Selectman to possess is to be able to get along and to understand the people with whom he must work day in and day out, and also to be able to call upon these people for assistance when needed. This I can do.

I ask the citizens of Agawam to vote for me at the caucus on October 5th at the Junior High School. This is the time you the voters nominate the right persons for the positions they seek. If he does not secure the nomination then he cannot seek election in November.

At Falmouth Foreside, Maine, on the tombstone of a woman who for nearly 70 years had sponsored dozens of laudable community enterprises, is the simple epitaph: "She averaged well for these parts."

Back-to-School Clothes/Flammable Fabrics

Almost every mother knows that her child's safety is at stake when he crosses a busy thoroughfare of plays near the edge of the water. But how many mothers know that when they buy back-to-school clothes for their children, they might be buying a potential fire hazard?

"Probably very few," says Sara Miles, safety expert at the National Safety Council. "Most people simply don't stop to consider that their clothing can burn," continues Miss Miles, a home economist and consultant in the Council's home department. "Women don't realize that their daughter's frilly party dress or their son's floppy pajamas can ignite and burn with surprising speed."

Yet burns from clothing that catches on fire account for 1,500 deaths each year. Furthermore, Council statisticians estimate that 100,000 people suffer disabling injuries because their clothes catch on fire.

How can a mother be sure that she is buying the safest clothes for her children? Miss Miles says that closely woven fabrics, of a heavy weight and with a smooth surface, are least likely to burn. Wool is a good example of

such a fabric. In general, close fitting garments are less likely to catch fire than loose fitting ones. Particularly dangerous are flowing robes, flared skirts, blousy sleeves, and clothes with ruffles and frills or a napped, textured surface.

It is the parents' responsibility to prevent situations in which a child's clothes could burn. Infants and toddlers must be protected from fire at all times, since they can't look out for themselves. Miss Miles advises that olded children be taught about the dangers of fire as soon as they are able to take direction. They should learn to be cautious when they are near common sources of fire such as space heaters, stoves, and burning trash or leaves.

Parents, and children too, should know what to do in case clothes ever catch on fire. The natural tendency is to panic and run. But Miss Miles points out that the safe thing to do is just the opposite of this. If fire strikes, throw the victim to the ground and slowly roll him over and over. This stifles the flames and prevents them from sweeping upward to the face. If a blanket or rug is handy, roll the victim in that to quench the flames more quickly.

Persons with any weight of character carry, like planets, their atmosphere along with them in their orbits.

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Green Thumb Tips

Check the wooden handles of your garden tools for tightness and for splits and splinters. Loose handles can cause accidents and splinters in the fingers are not exactly comfortable.

Be sure to clean up thoroughly around the vegetable garden. Overwintering insect eggs can make a great deal of trouble when they hatch next spring. Burning all refuse from useful vegetables helps cut the insect population.

It's always a temptation to save seeds from a particularly fine flower but if it is of a hybrid variety there is little advantage in so doing. The seedlings grown from your home-saved seeds will not produce flowers like those of the parent bloom. In fact the blossoms will vary in size and color and many will be inferior.

Erecting a "tent" of clear plastic over your choicest annual flowers will keep the first frost from killing them but be sure the plastic doesn't touch the flowers for that is fatal.

Consumer news

Do you want to get in the swim? If so, beware of the pool sharks--salesmen who rely on deception and fraud to trap the unwary.

What is deceptive advertising? Deceptive advertising is:

---ads which show beautiful layouts of swimming pools and which intentionally lead you to believe that everything pictured is included in the purchase price, like the deck around an in-ground pool, for example;

---ads which quote a price for a low-cost pool while picturing a much more expensive pool;

---ads which misrepresent the size of the pool or the equipment accompanying the pool;

---ads claiming redwood construction when in fact a much cheaper wood stained to look like redwood is used.

What other claims are deceptive? The enigmatic "Inst. Opt." means you can put the pool in yourself or pay them--extra, that is--to do it. The "3-day" installation may take three months. "Manufacturers" are usually only distributors.

One common trick is to advertise pools at ridiculously low prices. The ad is usually a come-on, and often the company won't even have the pool in stock. When the salesman shows up at the home, he shows the customer a model of the advertised pool. This model looks like something the kids might have made. It is roughly finished, unpainted, and generally has one or two broken parts. The idea is to discourage the customer from buying this model and then to try to sell him another and more expensive model.

If the customer insists that this is the only pool he can afford, he'll be signed up. But, then the salesman may do one of the following things. He may handwrite on the printed Retail Installment Sales Agreement something like, "If this pool is not available by Sept. 30, this contract is

.....From Attorney General, Elliot L. Richardson.

cancelled." You see, he doesn't have the pool to sell. He may even fail to give you a copy of the RISA and tear up his copy after he leaves, in which case, you'll never see him again. He may call back claiming loss of the contract, hoping to come back and have another crack at selling you a more expensive pool.

Or, most serious of all, he may be involved in the "bait and switch" game, which works like this. After the contract is signed, the salesman casually produces a beautiful model of the company's newest pool. It is surrounded by trees and shrubs and shows people playing in the pool--all very enticing.

If he has not already done so, the salesman will disparage the pool just purchased, claiming high upkeep and maintenance costs.

In attempting to switch his customer to a different pool, salesmen often rely upon the false claim that the contract is non-cancellable so the customer must take either the inferior pool or pay three or four times more for the quality pool, and the false promise of commissions for using the pool as a model.

Many people fall for this transparent scheme.

Other problems people have faced in buying a swimming pool include difficulties in getting repairs and minor adjustments made once the pool has been installed, and failure to receive the guarantee at the time of purchase--or ever.

Responsible members of the swimming pool industry have worked in cooperation with my office to assure compliance with the law. However, despite these efforts, there are still those who give the entire industry a bad name by their unethical tactics. Knowing who you are dealing with is still the best protection when buying a swimming pool or any other major item.

Back yard Frontier

BY POLLY BRADLEY
Mass. Audubon Society

LIVING LIKE THE INDIANS

We took the kids camping this week-end. A five-year-old and a three-year-old are great company on a camping trip. They think a little wooded pocket of land is bona fide wilderness and a campfire wedged out of an overcrowded state campground is living like the Indians.

They don't even notice that our next door camp neighbor has the ball game tuned in on the radio.

And kids assume it is natural that every night an ice cream truck should come dinging around the camp. They probably think that happened in Indian camps, and if I disillusioned them they'd just feel sorry for the Indians.

I wish I could be so innocent again. I'm terribly aware that this small neck of the woods is surrounded by towns, and it breaks my heart to tell the kids: No, they can't wade in the little brook down the hill because it's filthy, and I don't mean just good clean dirt.

We asked about fishing in a pond and found out the pond we had in mind didn't have any fish in it because they'd put in an overdose of algae killer to control the excess vegetation caused by overfertilization of the pond by upstream waters.

"We're restocking it however," said the ranger, cheerfully. "Try this other pond. It's stocked from the hatchery."

We had fun fishing, anyway, and with the kids' patience we caught as many fish as we'd have caught in virgin waters--namely, none. We had a fine swim, and found the pond chock full of polliwogs and frogs, who obligingly let themselves be caught, even if Mommy did cruelly insist that the kids toss them back (eventually).

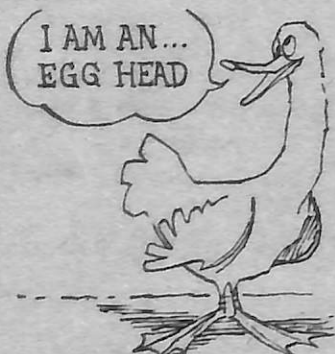
The kids had just as much fun digging, collecting pine cones, and climbing trees as if there hadn't been a soul within a hundred miles. So I forgot about my misgivings and enjoyed myself, too.

Nevertheless, as soon as our children are old enough to carry their own weight, my husband and I intend to take them backpacking into some genuine wilderness.

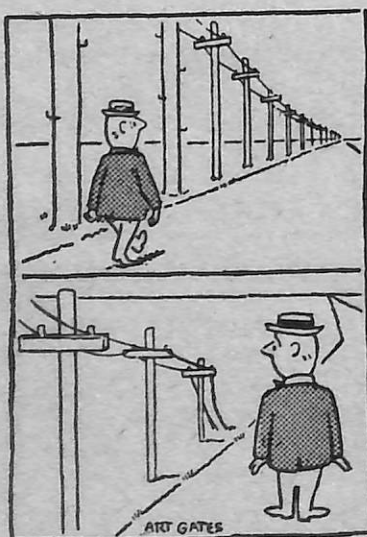
I suppose that even there I'll remember the struggle to save some small samples of America's once vast wilderness, and every jet that streaks overhead will remind me that the hand of man has now touched every spot on this beautiful small planet.

Sir Edmund Hillary even found a damp almost on top of Mt. Everest. All the old mountain climbers who didn't quite make it just dumped their junk as they went along. And I'm not just about to go climbing anywhere as high as Mt. Everest when we take the kids backpacking.

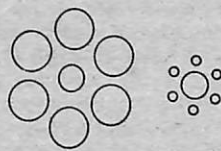
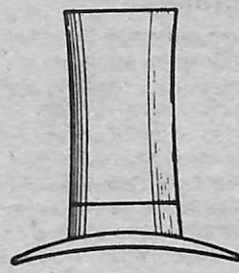
But we'll all enjoy the wilderness just the same--and the kids will learn to love and protect the natural world on which human life depends.



Despite the popular phrase "silly goose," geese are not silly at all, but rank among the most intelligent of domesticated birds.



THE WONDERFUL WORLD OF OPTICAL ILLUSIONS



Things aren't always what they seem. For example, the minarets on the Taj Mahal look straight, but are tilted slightly. It's funny, but the height of this hat and the width of its brim are the same. The picture frame, which looks wavy, is perfectly straight. The areas of the tow middle circles are equal, and the triangle in the last figure isn't off center at all--it just appears to be.

New York (NAPS) -- Your eyes, which psychologists say you depend on for 90 per cent of your knowledge of the world, are a pair of practical jokers!

You may be familiar with some of their tricks (called optical illusions)--the stick in water which appears bent...the tilted minaret which looks straight up and down...the spinning disc which appears to stand still. But you may not be aware that these optical illusions as well as others have been used by psychologists to probe the secrets of our minds.

One of the curiosities about optical illusions is that Zulus don't see them. Zulus, the theory goes, grow up in a world of round huts where the right angles and straight lines of Western perspectives simply don't exist. And perspective--which makes closer objects appear larger than distant ones--is apparently the basis for some illusions. A Zulu looking at the minarets on the Taj Mahal, for instance, would be aware of the tilt, not of the straight-up-and-down illusion others see. To get this effect yourself, without sojourning to India, take a bottle of Taji perfume, which has a top shaped like a minaret, and experiment with viewing it on a table top above your line of vision.

R.L. Gregory, a psychologist at Cambridge University, in England, has classified several different types of optical illusions. Some are not based on a distortion of vision at all. The stick apparently bent in water appears so because refraction bends light rays--which the eye properly observes.

Much harder to explain are drawings and figures which seem to affect vision so that they appear curved when they are straight, or longer than they actually are. An example of this kind of illusion is an arrow which appears longer than a second arrow, because it's attached to outgoing lines.

The "empathy theory" says that these shifts may really occur in the mind which feels pushed or pulled by the direction of the arrows.

Another illusion is the "impossible object"--the half-completed house or building in which parts fit together in an impossible way. More in the realm of the psychological is the illusion you see through a recognition of subject matter--such as the vase which becomes two profiles facing each other.

Psychologist Adlebert Ames has produced a life-size optical illusion by constructing a room where all the objects placed in it look the wrong size. But to see this may depend on our "knowing" that a man is bigger than a child regardless of how far away or how near to us the child is standing; hence this is a psychological, rather than visual illusion.

What do these illusions tell psychologists about our understanding of the world through vision? W.F. Dixon, a psychologist at University College, London, theorizes that the eye really doesn't work like a camera at all, nor does it function as an accurate measuring stick.

The process by which the eye receives information is more like that of an artist at the police station who draws a face he has never seen from descriptions by witnesses. The drawing he produces is not that of an actual photograph (nor the eye that of the world as a camera would see it), but there is still a point-for-point likeness within the whole concept of a human face.

Optical illusions were first recognized by psychologists about a hundred years ago when developments in optical instruments first introduced them to the modern world and spurred interest in the developments in perspective made in Renaissance times...

Meanwhile, the question still goes unanswered, "Is seeing really believing?"



(1) How long will it take a train that is one mile long, traveling at one mile a minute, to pass completely through a tunnel that is one mile long?

(2) If 5 men can paint 5 houses in 5 days, how many men would it take to paint 50 houses in 50 days?

(3) The area of a circular arena is $872\frac{2}{3}$ square yards. If a center pole is 37.5 feet high, how many feet long is a rope which will just extend from the top of this pole to the edge of the arena?

(4) A certain plot of ground is $1\frac{1}{3}$ times longer than it is wide. However, if a strip containing 400 square feet were added to the width, the lot would then be square. What would be the width of this strip?

(5) Tom and Jerry are to paint the floor of a huge rectangular hall measuring 75 by 180 feet. How wide a strip must Tom paint around the outer edge of the floor so as to leave $\frac{1}{2}$ the floor's area for Jerry to paint?

ANSWERS

(1) 2 minutes. The train must travel 2 miles, since after one mile the train is completely inside the tunnel and after another mile it is completely out.

(2) 5 men. One man paints one house in 5 days, and therefore one man can paint 10 houses in 50 days, or 5 men can paint 50 houses in 50 days.

(3) 62.5 feet. Multiply $872\frac{2}{3}$ by 9 (number of square feet in one square yard); divide by 3.1416 (π); add the square of 37.5; extract square root.

(4) 10 feet. Multiply the width $\frac{3}{3}$ by the length $\frac{4}{3}$; square $\frac{4}{3}$ and from this subtract $\frac{12}{9}$; extract square root of 400; divide 20 by $\frac{2}{3}$; multiply 30 by $\frac{4}{3}$; subtract 30 from 40.

(5) 15 feet. Let X equal width of the strip. Then $(75 \text{ minus } 2X) \text{ times } (180 \text{ minus } 2X) \text{ will equal } \frac{1}{2} \text{ the product of } 180 \text{ and } 75, \text{ or } 6,750.$ Solving, we find X equal to 15.



FEEDING TIP...

GIVING YOUR CAT TABLE SCRAPS IS APT TO MAKE HIM FINICKY. UNLESS YOU WANT TO BE A PET CATERER, STICK TO THE COMMERCIAL FOODS.

Green Thumb Tips

Take an inventory of the pesticides in your garage. How long have you owned each one? Long enough so it is no longer useful? Rotenone powder, for instance, will be ineffective the second year. Might as well throw the remainder out each fall.

If you have small-sized outdoor planters in which annual flowers are blooming why not bring planter and all indoors before killing frost? Even if you haven't a window sill wide enough for the planter it can be set in a sunny place on the floor after protecting the wood with plastic. Petunias on the Thanksgiving dinner table are quite possible.

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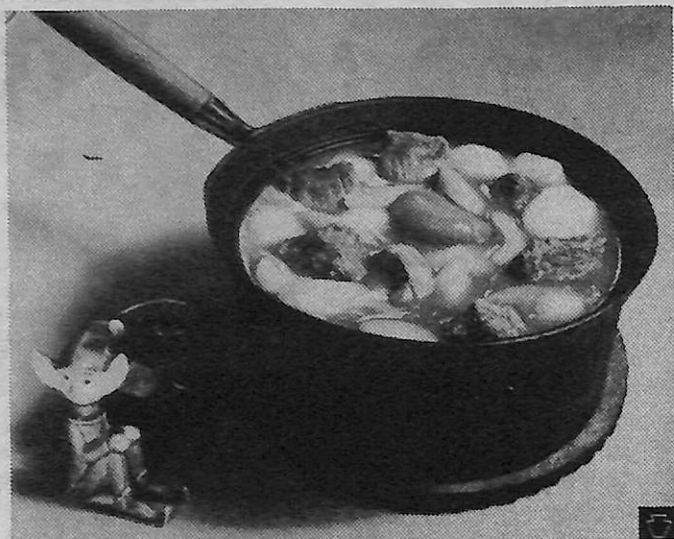
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GOLDEN TOUCH OF HOSPITALITY

BY JANE ASHLEY



An Irish Stew Is Different

A classic beef stew is made by first browning the meat. For an Irish stew (sometimes called a white stew) the meat is cooked without browning. In this particular recipe for Irish stew, tomatoes are added.

Irish Stew

- | | |
|------------------------------|--|
| 1 pound lamb (1½-inch cubes) | 6 to 8 white onions, whole |
| 1 pound beef (1½-inch cubes) | 6 to 8 potatoes, pared and quartered |
| 1 (1-pound) can tomatoes | 3 to 4 carrots, pared and thickly sliced |
| 2 cups stock | 2 stalks celery, sliced |
| 1 teaspoon salt | 2 tablespoons corn starch |
| ¼ teaspoon pepper | ¼ cup cold water |

Mix meat, tomatoes, stock (canned bouillon or bouillon cubes and water may be used), salt and pepper in large kettle. Cover and simmer until meat is almost tender, about 45 minutes. Add vegetables. Simmer until meat and vegetables are about fork tender, 45 minutes. Reduce heat to slow simmer. Blend corn starch and water. Gradually add to stew, stirring carefully so vegetables are not crushed. Cook over medium heat, stirring constantly, until mixture thickens and comes to boil. Season to taste, if needed. Simmer a few minutes to blend flavors. Makes 6 to 8 servings.

Note: Stew improves on standing and may be prepared ahead of time.

When it comes to the matter of tax reduction, never was so little waited for by so many for so long.

In the order named, these are the hardest to control: wine, women and song.

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Pelligrini on County Commission

Attorney Gerard L. Pellegrini, Democratic candidate for Hampden County Commissioner, said today county government "occupies a middle position - or gray area - suspended between the cities and towns, and the Legislature, when in actuality it should be the dynamic force in behalf of regional planning."

Attorney Pellegrini said:

"County government today - except for some of its administrative functions - is close to ineffective. Through the years the Legislature has eroded the authority of county government, and the cities and towns are unwilling to relinquish any of their authority."

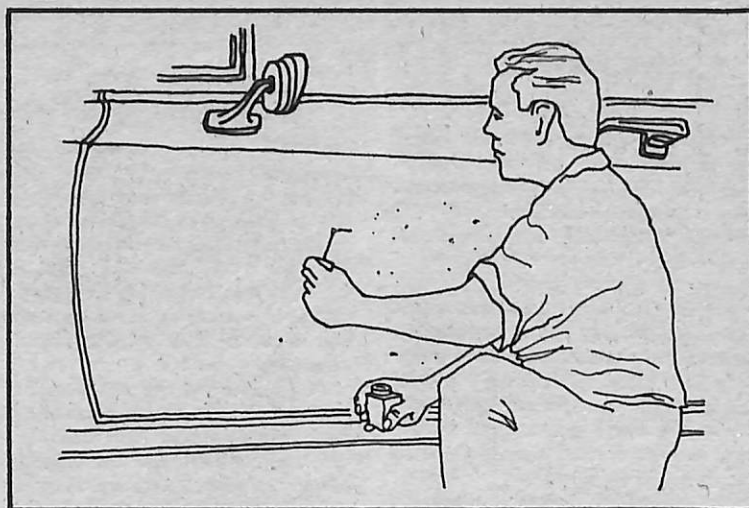
"The result: a week form of regional government without the authority or the motivation to remain abreast of our changing times."

"This is unfortunate in an era when regionalization is such a major concern of the federal government and its planners, and when financial reimbursement from the federal government is based almost exclusively on a regional basis."

"On the one hand we have the urgent importance of regionalization, a stronger sense of regional cooperation, and on the other hand there is no way that county government can step forward as the implementing force because of its suspended nature."

"We do, of course, have the Lower Pioneer Valley Planning Authority, a voluntary organization of cities and towns which has many worthwhile and forward-looking ideas. Yet this organization does not have the authority to implement these programs."

"It is my feeling that county government should have the authority and the force to implement the programs of the Lower Pioneer Valley Planning Authority, through legislation, and this would be one of my foremost goals as a member of the Hampden County Commission."



Touch-Up Your Car

Take a close look at your car this weekend, particularly if you have owned the car for a year or more. Chances are it needs some touch-up painting to take care of those minor nicks and scratches in the finish.

These days it's rare that a car escapes damage caused by someone opening their car door against the side of yours in a crowded parking lot. How well we all know how an errant bumper can scrape a bit of paint from a fender. And occasionally when you're on the highway another car will throw a piece of gravel against the front or side of your car with a bullet-like force that can cause serious damage to the paint surface.

The point is: paint damage is almost inescapable. However, you should know why it's important to repair the damage, and how easy it is to do it.

As long as the metal is protected by the excellent paint now used on cars, you have nothing to worry about. It's when the paint film is damaged to the point where bare metal is showing that you begin to have problems, because rust begins almost immediately.

If you let rust continue its course, in spite of the phosphate treatment on the metal, it will eventually spread under the painted areas around the scratch causing that paint to lift up and flake away. More metal is then exposed, and the corrosion cycle will continue until you stop it.

Touch-up painting on your car is easy. A little effort and time on your part will take care of most of it.

The place to get touch-up paint is at your car dealer. He can give you the exact color match for your car. And since modern car paint is complex, the touch-up paint you buy at your dealer will match your car paint chemically.

Touch-up paint usually comes in a spray can or with a small brush applicator. Pay close attention to the application directions that come with the paint, and follow them to the letter. Painting short cuts can only lead you to trouble later on.

Here are some touch-up painting tips to use as a general guide. The brush applicator should be used for

small nicks and scratches. Use the spray can for larger damaged areas. You should not attempt to paint a large area such as a deck or door. That requires the skill of a professional car painter.

The surface you're going to paint must be clean. New paint will not adhere to a dirty or greasy surface. Wash the surface thoroughly, and see your dealer for the proper solvents to use to remove road tar, grease or oil.

New paint adheres much better to metal and an old paint surface if they are sanded lightly. Number 400 sandpaper will usually do the job. You can also get cleaning compounds from your dealer which are suited for this purpose. Make sure the rough edges around nicks are sanded smooth, and that all loose paint is removed.

After preparing the surface, be sure you clean it before you paint. Also, put your car in a garage or protected place where there is very little dust. It can ruin new paint.

For most touch-up work you will probably use a brush applicator because it is easier to use to control the paint. Spray can application is a bit more difficult, and you should practice before trying it on your car. The dangers in spray application are that you can easily spray too much or cover a larger area than you intended to cover. Mask the areas you do not want to paint before you start.

Bare metal should be given a light coat of metal primer before you apply the top coat. Follow the surface preparation steps above, and see your dealer for the correct primer to use. After the primer has dried overnight, sand it lightly before you apply the top coat. Several thin coats of top coat enamel are better than one heavy coat. The paint should be completely dry before you apply a second coat.

After the touch-up enamel has dried for several days, it can be polished lightly with compound to make it blend with the original finish.

Touch-up painting on your car is easy and inexpensive. The important point is that it saves you from expensive repair bills, and gives you a car you're proud to own.

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A PROBLEM A DAY

Question

A cow is tied to the center of one side of a barn, which is 40 feet square. The rope is 70 feet long. Over how many square feet of ground can the cow graze?

Answer

11,781 square feet. Explanation—The cow can graze over a half circular area of 70 ft. radius, two quarter circles of 50 ft. radius, and two quarter circles of 10 ft. radius. Divide the square of 70 by 2 and multiply by 3.1416 (pi); multiply the square of 50 by 2 and multiply by 3.1416 by ¼ multiply by 3.1416 by ¼.

A young executive of a Chicago company ruefully admitted a too hasty decision. "I'm bleeding," he said, "from the spur of the moment."



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ANDES of Peru, Bolivia and Ecuador

TOMATOES ARE BELIEVED TO HAVE ORIGINATED IN THIS MOUNTAINOUS AREA IN PRE-COLUMBIAN AMERICA. SPANISH EXPLORERS FOUND THEM BEING USED AS FOOD, BUT EUROPEANS WERE RELUCTANT TO TRY THEM.

IN COLONIAL AMERICA TOMATOES WERE CONSIDERED A CURIOSITY, AT BEST ORNAMENTAL—SELDOM EATEN. NOT UNTIL THE 1830'S DID THEY CATCH ON AS A VERSATILE FOOD.

TOMATOES ARE LARGE CONTRIBUTORS OF VITAMINS A & C IN THE DIET, PLUS OTHER NUTRIENTS. CONSIDERABLE INCREASE OF TOMATO CONSUMPTION WOULD BE ADVANTAGEOUS FOR THE NUTRITION OF OUR NATION, ACCORDING TO DR. HAZEL K. STIEBELING, FORMER USDA HEAD OF HUMAN NUTRITION RESEARCH.

NOW AMONG THE TOP 3 VEGETABLES IN ABUNDANCE IN THE U.S., TOMATOES ARE PRODUCED ON A LARGE SCALE IN 31 OUT OF 50 STATES; GROWN IN MOST AREAS OF THE WORLD.

TOMATOES ARE AVAILABLE YEAR ROUND. IN EVERY SEASON SOME STATES ARE GROWING THEM, OUTDOORS AS WELL AS INDOORS.

United Fresh Fruit and Vegetable Association

a Dog's Life

A NEW PRODUCT
FOR DOGS IS "PEOPLE CRACKERS" MADE IN THE LIKENESS OF THE ONES DOGS FIND TASTIEST: MAILMAN, POLICEMAN, MILKMAN—EVEN ONE SEASONED WITH DOG-CATCHER!



GOOD GROOMING,
WHICH TAKES ONLY A FEW MINUTES A DAY, IS ACTUALLY A PART OF A DOG'S HEALTH. AN UNGROOMED DOG CAN SUFFER UNNECESSARILY FROM SKIN DISEASES, PARASITES, AND HEAT.

OUCH!
IF YOUR DOG IS BITTEN BY ANOTHER DOG, IRRIGATE THE WOUND WITH A GOOD ANTISEPTIC AFTER WASHING THOROUGHLY WITH SOAP AND WATER. DEEP PUNCTURE WOUNDS NEED VETERINARY ATTENTION PROMPTLY.



Perhaps there is only one cardinal sin: impatience. Because of impatience we were driven out of Paradise; because of impatience we cannot return.

Progress may have been all right once, but it went on too long.

Legal Notices

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To JACQUELINE A. ST. CYR of Agawam, in said County of Hampden, and to her heirs apparent or presumptive and to the Massachusetts Department of Mental Health.

A petition has been presented to said Court alleging that said JACQUELINE A. ST. CYR is a mentally ill person and praying that MILDRED E. TRAMMELL of Salem, in the State of New Hampshire, or some other suitable person be appointed her guardian.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the thirteenth day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this eighth day of August 1968.

JOHN J. LYONS, Register.

Sept. 12, 19, 26

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of MABEL A. SCHADLICH otherwise MABEL A. SCHAEDELICH late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by FRANK L. SCHADLICH of said Agawam praying that he be appointed executor thereof without giving a surety on his bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the first day of October 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-eighth day of August 1968.

JOHN J. LYONS, Register.

Sept. 12, 19, 26

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of LUCILLE McMAHON late of Agawam, in said County, deceased.

The administratrix of the estate of said LUCILLE McMahon has presented to said Court for allowance her first and final account.

If you desire to object thereto you or your attorney should file a written appearance in said Court at Springfield before ten o'clock in the forenoon on the twentieth day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH Esquire, First Judge of Said Court, this twenty-first day of August 1968.

JOHN J. LYONS, Register.

Aug. 29, Sept. 5, 12

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of HERBERT W. HANSON late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by LILLIAN E. HANSON of said Agawam praying that she be appointed executrix thereof without giving a surety on her bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the twenty-fourth day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this sixteenth day of August 1968.

JOHN J. LYONS, Register

Aug. 29, Sept. 5, 12

COMMONWEALTH OF MASSACHUSETTS

Hampden SS Probate Court
To all persons interested in the estate of LORENZA FONTANA late of Agawam in said County of Hampden, deceased.

A petition has been presented to said Court for probate of a certain instrument purporting to be the last Will of said deceased by ALFRED FONTANA of said Agawam praying that he be appointed executor thereof without giving a surety on his bond.

If you desire to object thereto, you or your attorney should file a written appearance in said Court at Springfield, in said County of Hampden, before ten o'clock in the forenoon on the twenty-seventh day of September 1968, the return day of this citation.

Witness, ABRAHAM I. SMITH, Esquire, First Judge of said Court, this twenty-third day of August 1968.

JOHN J. LYONS, Register

Sept. 5, 12, 19

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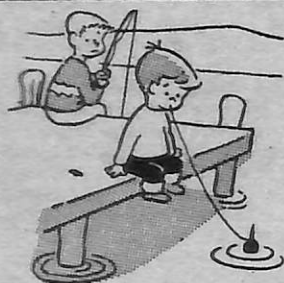
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(90-day notice)

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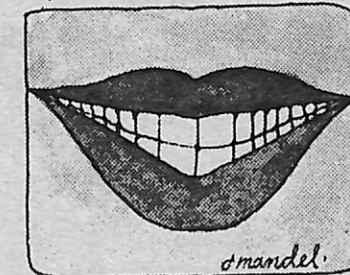
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save your life.**

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